

SPECIAL COVID-19 ISSUE

DEL MAR'S COMMUNITY MONTHLY
NEWS • FEATURES • OPINION

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SANDPIPER

EDITORIAL

Staying Apart Sticking Together

The COVID-19 epidemic is the worst epidemic since the 1918 "Spanish Flu." The coronavirus that causes the disease is highly transmissible and the number of infected individuals in the U.S. now exceeds any other country including China. Even though the mortality rate is currently between 1-2%, the number of deaths in the U.S. now exceeds 2,700 (as of March 30th). The number of new infections per day continues to increase exponentially in the U.S. Cases in California are currently increasing at a slower pace, with an average of 700 new cases per day.

California was the first state to order its residents to stay home and to practice social isolation by staying at least 6 feet away from others. The experience during the COVID-19 epidemic in South Korea proved that these steps led to many fewer new infections after a 2-week lag period. This delay was because the incubation period of the virus is 10-12 days, so people infected prior to home isolation would continue to present with symptoms for up to 2 weeks.

Del Mar has taken the home isolation order seriously, as well we should. COVID-19 has a much higher mortality in seniors over 65, and nearly 1000 of our residents are in that risk group. The early results of our compliance with social distancing are encouraging. While the infection continues to spread in San Diego County, Del Mar has been steady at 6 confirmed cases for the last 3 days (again, as of March 30th). →



Road sign on Camino del Mar between 9th & 10th Streets flashes each message.
Photo Julie Maxey-Allison.

However, remember the 2-week incubation period. We will not know how effective our measures have been for another 10 days.

The parks and beaches have been closed in Del Mar and most other coastal cities. Why? The weekend of March 21-22 was the first break in the nasty weather and the beaches were crowded with little evidence of social distancing. It only takes one infected person, whether experiencing any symptoms or not, to start a new transmission chain. **ONLY ONE PERSON!**

That means that we have to be 100% compliant to stop new infections. Lesser compliance may delay the onset of more infections, but they will come.

Del Mar is a tight-knit community with many long-time residents. We support each other as neighbors and through our local non-profits. Del Mar Community Connections, the Del Mar Foundation, the Del Mar Village Association, the →

STAY HEALTHY

Mayor Ellie Haviland

I have confidence that Del Mar citizens will be smart and diligent about how we respond to the global COVID-19 pandemic. We have always been aware that we may be too small to change the world, but we never shrink from doing our part. There are constructive actions we can take now to keep our community healthy.

Stay at least 6 feet apart from anyone who is not living in your household. This is critical to you and your neighbors' health. It sets a good example and makes the more socially timid feel secure in maintaining the recommended 6-foot buffer. You can still look in on your neighbors, especially those that live alone. Chats on the front porch at my neighbor's house are now a common feature of my walks and a fun new habit that I will keep even after COVID-19 is out of the headlines.

Support our local businesses! Keep your local favorites in mind as you consider options for your next family meal. City Hall is helping restaurants with the paperwork required to offer drive-thru, or curbside delivery service. There are now several locations in town where you won't

continued on page 2

Rotary Club, and St. Peter's are all upping their game to support residents who are sheltering in place. We need each other to get through this unprecedented challenge. Let's keep working together (with 6 ft. distancing) and there will be light at the end of this dark tunnel. ■

FROM STAY HEALTHY *page 1*

even have to leave your car to pick up a delicious meal. Our Del Mar Village Association has been maintaining a list of all the Del Mar shops and restaurants that are continuing to offer goods and services. You can see the full list here:

<http://bit.ly/Sandpiper-5>

The cliché “information is power” is even more true today. We are all looking for some good news and for hope. Please make sure the information you share is based on current science and from reputable sources. The City of Del Mar website has links to the most up-to-date information. The resources section will show services available locally and how you can help.

<http://bit.ly/Sandpiper-6>

Use social media for being social! This week my husband and I attended our first virtual happy hour. It was easy to setup and surprisingly fun! What other new ways will we find to stay connected?

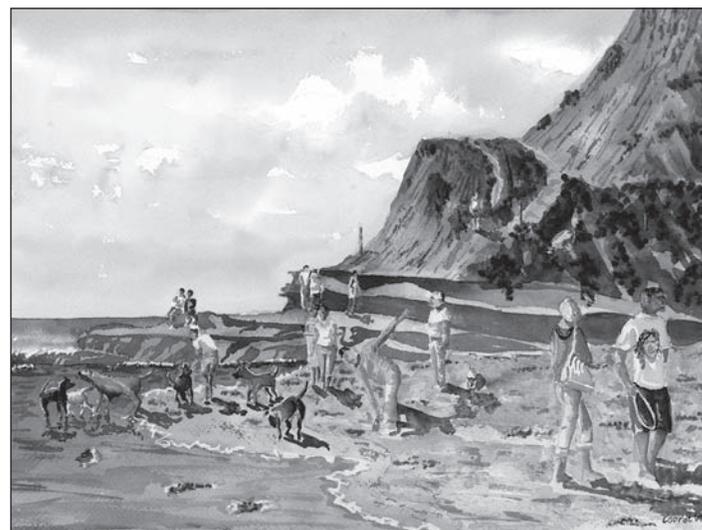
How long will it take for this health crisis to pass and how severe will it be? It's up to us. □

DM BEACHES AND PARKS CLOSED

In response to the pandemic, all Del Mar beaches, access points, bluffs, Powerhouse Park, Seagrove Park, and areas adjacent to the San Dieguito River are closed to the public.



*No Dogs at Dog Beach.
Photo Julie Maxey-Allison*



*Not so long ago: Dog Beach **with** Dogs.
Painting Don Coordt.*



The Sandpiper is published by the Del Mar Community Alliance, a 501(C)(4) non-profit. Its purpose is to advocate the Del Mar Community Plan, to foster informed public and government decision-making regarding issues affecting the community of the City of Del Mar, and to encourage a social and political climate favorable to the protection of the community character of the City of Del Mar and its environs.

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LETTERS TO THE EDITOR

- The Sandpiper welcomes readers' letters and articles.
- Material submitted must include the writer's name, street address, and phone number, and should not exceed 400 words.
- Material selected to be published may be edited or shortened.

Contact us via e-mail or post at:

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editor@delmarsandpiper.org

FINANCIAL IMPACT OF C-19

Tom McGreal | Stratford Court

As we shelter in place and take every precaution to protect ourselves from COVID-19, there's a distinct feeling of being overwhelmed with new global developments each day. Fortunately, Governor Newsom has taken strict measures in California to flatten the curve of spread and prepare the health system for the significant increase in the number of people that will need care.

In this kind of whirlwind environment, it's hard to step back and get any perspective. We should however, think about the financial implications of the current shutdown, so I reached for my copy of the City's Fiscal year 2020 Budget. I decided to figure out what the financial impact to the City might look like over the next three months of a shutdown.

The City generates roughly \$21 million in General Fund Revenues per year, which represents \$5.3 million in Revenues each quarter, if we assume four equal quarters. Below is a list of potential lost revenues over a three-month period in a shutdown. These are "order of magnitude" numbers not intended to be precisely calculated as they ignore seasonal fluctuations. They also only represent my rough estimates, which assume all Transient Occupancy Tax (hotel tax) would be lost, 85% of Sales Tax and Measure Q Sales Tax would be lost and Service revenues such as Planning fees would be cut by 80% and Parking meter fees would be cut by 60% to name a few of the larger items. Remember, this is a measure of how significant it might look if the next three months find us all hunkered down at home not following normal patterns of activity. →

(\$,000)	FY2020 Budget	Quarterly Budget	Potential Lost Revenues
Property Tax	6626	1657	0
Transient Occupancy Tax	3152	788	788
Sales Tax	2220	555	472
Measure Q Sales Tax	2888	722	614
Other Tax	446	112	50
Parking meters	1170	293	176
Admin charges	1183	296	0
Planning Services	950	238	190
All Other	<u>2607</u>	<u>652</u>	<u>326</u>
Total Revenues	21242	5313	2616

EDITOR'S NOTE:

The Sandpiper is committed to continued operation during this pandemic to facilitate helpful communication. Even if we lose printer capability at some point, we can post online.

delmarsandpiper.org/

The next and more important question is how will the City deal with this kind of revenue loss. There are four key areas for action that can help.

First, we can tighten the belt on operating expenses deferring all non-essential costs until things normalize. This can provide some relief but not much given the low percentage of discretionary costs.

Second and most importantly, we need to consider deferring certain Capital Improvement Projects and Special Projects, which probably can't be worked on during a shutdown, but also represent the majority of discretionary spending.

Third, Measure Q sales tax are specifically designated for the Undergrounding and Shores Park projects. Lost Measure Q revenue should mean that those projects can only progress to the extent the Measure Q Reserves are sufficient to cover the costs.

Finally, the City maintains Contingency Reserves for just such unforeseen circumstances. A decision was made during the FY 2020 budget process to increase the Contingency Reserves to 20% or 73 days of operating costs.

The Contingency Reserve has been somewhat depleted by the Durante bluff failure, but the mid-year position is still \$2.4 million, which represents 15.3% or 56 days of operating costs.

In summary, the combination of actions to reduce costs and use of the Contingency Reserve can cover a three-month loss of revenues. Of course, we may have to brace for some pretty significant changes if this crisis persists for as long as some experts are suggesting. A prolonged health crisis would require a much different approach in terms of the delivery of City services, the resource requirements and a cost management plan that matches ongoing revenues.

Things are moving fast so we'll have to assess developments as they occur.

Stay safe and healthy. ■



APRIL 2020

Sandra Hoyle, DMF President

During this time of uncertainty, it's only natural to worry about our well-being and safety, and that of our loved ones. This pandemic is real, and it is not easy. Our hearts go out to those who are sick, anxious, or isolated but it won't last forever and we will acclimate.

The Del Mar Foundation has been collaborating with other Del Mar non-profits to provide support to those in need in, what some are titling, "our new normal." We are especially concerned for our elderly seniors and those at special risk in our community. We are brainstorming various means to provide virtual programming using platforms, such as Zoom. Our Board of Directors is researching different ways to provide educational and social opportunities at a time when we are all at risk for social isolation. If you have an idea for a program that could be expedited to our community virtually, please feel free to contact us at info@delmarfoundation.org and we can help facilitate.

At a time of crisis, self-care is critical. Don't forget to take care of yourself as you take care of others. We have launched a Get Inspired! page on our website with a wide range of online activities and resources to inform, educate, entertain and inspire you: www.delmarfoundation.org/getinspired. There's no time like the present to virtually visit a museum, learn a new language or even watch a free musical concert. We encourage you to take a walk (but keep safe social distances), have a dance party in your living room, support a local restaurant by ordering online and picking it up, learn a new skill such as calligraphy, read a good book or FaceTime a family member.

The song "We're All in This Together" from High School Musical is very appropriate at this time. Obviously, I've been spending a lot of time streaming Disney+ with my 7-year old daughter.

The Del Mar Foundation hopes that you and your loved ones stay safe and healthy and look forward to seeing you virtually in the near future.

ROVING TEEN REPORTER

Teen Dreams On Hold

Dhathry Doppalapudi | Torrey Pines High School Senior

On February 28, President Trump told the crowd at a rally in South Carolina that the coronavirus was no more serious than the flu and that the growing concerns over the disease were a hoax by the Democratic Party. Two weeks later, on March 11, the World Health Organization declared the coronavirus outbreak a pandemic. The next week, California Governor Gavin Newsom issued an executive order for all Californians to stay home as much as possible that was put in place on March 19.

Bella and Leah, Torrey Pines High School seniors, have both been practicing social distancing. "I am practicing social distancing because I do not want to put other people at risk and I don't want to put myself or any of my family members at risk," Leah said. "Not to mention that it was a statewide order that everyone should be following."

Some teenagers, and even adults, have not been following these same guidelines. If you were to look through a teenager's Snapchat stories, Bella said, you would see many people disregarding all calls for social distancing and instead going out in public and spending time in large groups of friends. "People are treating this like it's an extended spring break and it really bothers me," she said. "It's selfish and inconsiderate of people to risk so many other people's health by not staying home."

Teenagers in San Diego have been affected by indefinite school closures that left them wondering how the rest of their semesters will go. Bella, a senior at Torrey Pines High School, is upset that her class might have to miss their senior activities. "We have waited twelve years in school for our senior year of high school and now we're going to miss out on all these fun activities like our senior trip and graduation," she said. "It's obviously not a huge deal compared to how horribly this virus has affected other people, but it still really bums me out."

Classes have slowly started transitioning to online "distance learning" through services such as Google Classroom and Zoom. Leah says that online learning is just not as effective or productive as in-person learning is, but she understands that it is the best that the school districts can do to maintain some normalcy in our education. The College Board has also modified AP exams, which are multi-section, multi-hour tests for each AP course that, for many, are held at the Del Mar Fairgrounds in large rooms that hold hundreds of students. The exams have been altered to be 45-minutes long and only test part of the AP curriculum for each course.

"Because of this virus, I don't know what to expect →



SHELTER IN PLACE

A Lesson in Resilience

Linda Chisari | Crest Road

It's the direction we're receiving today: Stay at home; avoid crowded gatherings; don't attend meetings in person, unless the attendees can be at least 6' apart. Theatre events, sporting events, political rallies...all seem trivial when viewed through the lens of putting the lives of thousands of vulnerable people at risk of being infected by the COVID-19 virus.

It seems safe to venture out on a morning walk along Crest Road in the fresh air, both to satisfy the "request" of my golden retriever to get some exercise and check his "pee-mail" and, also, to clear my mind from the breathtaking, alarming news on the face of my electronic devices and the front pages of the newspapers. The street is quiet, almost devoid of traffic; it seems as if no one is going anywhere either by car or on foot. But there are lessons in resilience along the road!

Thousands of freesias are blooming in abundance, filling the foggy air with their almost breathtaking fruity-sweet fragrance. Their bulbs have waited patiently in the ground since last March, going about whatever it is that dormant bulbs do during hibernation...hoarding food, staying away from the threat of extreme dryness.

And then there are snails! I counted 89 along the short path through Crest Rim Park. Slithering slowly along in ecstasy, laying a slimy trail that protects their tender bellies from the gritty ground, their criss-crossing trails make a beautiful lacy pattern that could have been created by an artist's hand. Where have they been since last year this time? They've lived in the thin cracks between the boulders, under the rocks, sealed tightly behind their self-made epiphragms, waiting to venture out at the first sign of moisture to try out newly-restored plumpness and assuage their hunger and thirst.

So, as we shelter in place, with all the conveniences of our homes, surely we can be as resilient as these freesias and snails and, at the same time, protect our human family from a virulent infection. ■

for the coming months," Leah said. "I don't really know what our lives will look like or how much worse this will get." In the meantime, she says, she will continue to self-quarantine and practice social distancing in order to do her part to contain the virus. Although some people may not be taking this situation seriously, many people, even teenagers, are doing what they can to help and are holding out hope that it will get better, despite big impacts the virus has already had on many aspects of their lives. ■

APRIL 2020

Terry Kopanski, DMCC President

DMCC's Pandemic Response

Thanks to the Del Mar community for your continued support as DMCC responds to COVID-19 and provides critical resources to help our senior friends and neighbors.

- Providing grocery services was at the top of our list. Initially it was a challenge. Grocery stores were simply overwhelmed; store deliveries took 2-3 days, wrong items were delivered, window times for in-store pickup were unreliable. We have revamped our service and it is now working more smoothly. Everyone seems to have the groceries they need, especially our most vulnerable.
- We are starting to schedule free in-home lunches to those who were receiving lunches at our Tuesday Lunch Connections Program.
- Providing hand sanitizer, hand soap, paper towels, toilet paper, disinfectant products and tissues to seniors who need them was another priority, and they are now being distributed. We continue to ask the community's help in donating these supplies.
- It was important for us to stay in touch with our more vulnerable seniors. A team of dedicated volunteers is now in regular phone contact providing friendship and assessing needs.

• We are starting to turn our attention to remote programming using **Zoom** videoconferencing. DMCC is offering online instruction every morning. Participants seem to be picking it up quickly. We tested a pilot program "Singing Apart" (called "Singing Together" in the pre-pandemic world) with everyone joining the singing from their own homes. It was fun and filled with laughter. Learning to Zoom may also serve as a stepping stone to Telemedicine appointments.

As Shelter in Place continues, many are starting to feel cabin fever. Learning to Zoom can help reduce that fever. To find out about our Zoom-based programming, make sure you're subscribed to our email list. Let's take the opportunity to stay in touch with our friends and family – and with each other.

Volunteer of the Month

DMCC's Volunteer of the Month for April 2020 is Klaus Gubernator, organic chemist and founder of eMolecules. Klaus is DMCC's Computer Tutor and helps seniors stay connected with the Internet. Thanks for your hard work, Klaus!

DMCC programs and services depend on our incredible volunteers! To learn more about Klaus or about being a volunteer program leader for DMCC, visit dmcc.cc/volunteerofthemonth.

For more information... or to join our email list:

Please visit our website at dmcc.cc, or contact the DMCC office at (858) 792-7565 or dmcc@dmcc.cc.

In this time of crisis, Del Mar is fortunate to have a number of citizens with extraordinary credentials to advise us. Frank Chisari and Don Mosier have offered advice to the City Council about public policy decisions regarding the COVID-19 challenge facing our community and their expertise to DMCC and other community organizations as well. All of us express our profound gratitude to these two exceptional citizens. -Mayor Ellie Haviland

DON MOSIER

Sandpiper Editor Don Mosier will be covering C-19 information in this and future issues based on his unique qualifications and experience discussed in the interview below:

SP Don, please summarize your educational background.

I received my M.D. with Honors and Ph.D. from the University of Chicago. After I finished medical school, I had two post-doctoral fellowships at the National Institute for Medical Research in London and Harvard Medical School.

SP Describe your research experience before moving to Del Mar.

I was appointed to the U.S. Public Health Service where I performed basic immunology research at the National Institutes of Health (NIH) in Bethesda, MD from 1972 until 1978. I then moved to the Institute for Cancer Research in Philadelphia in 1978. While there, we began studies of a mouse retrovirus that caused severe immune suppression, an early model for AIDS in humans.

SP How well do you know Dr. Fauci?

I know Tony well. My laboratory was just down the hall from his at NIH. Tony subsequently became the Director of the National Institute of Allergy and Infectious Diseases in 1984 and he continues in that post today. Frank Chisari went to medical school with Tony, and he is in frequent contact.

SP What brought you to the west coast and Del Mar?

In 1985, I moved to Del Mar to head a department at the Medical Biology Institute in La Jolla. In 1988, we developed a much-improved animal model for AIDS by transplanting human immune cells into mice that lacked their own immune system. This model was used extensively for testing drugs and vaccine approaches to prevent AIDS and continues to be used today.

SP What was the nature of your research at Scripps?

In 1992, I moved to The Scripps Research Institute as Professor of Immunology and Microbial Science. My work focused on how the AIDS virus infects human cells and how that infection might be blocked.

SP When did you retire and are you still affiliated with Scripps?

I retired from laboratory work in 2016, and I am now Emeritus Professor in that department.

SP Can you briefly describe your other professional →

FRANK CHISARI

Virginia Lawrence | Caminito del Rocio

Francis V. Chisari, M.D. is Emeritus Professor of Virology and Immunology at The Scripps Research Institute in La Jolla, California. He received his M.D. from Cornell University Medical College in 1968 and pursued post-graduate training in internal medicine, anatomic pathology, virology, molecular biology and immunology at The New York Hospital, the Mayo Clinic, Dartmouth Medical School, the National Institutes of Health, the Pasteur Institute and The Scripps Research Institute whose faculty he joined in 1975.

Over the next 40 years until he retired from Scripps in 2015, Dr. Chisari directed a large, NIH-funded research group that studied the host-virus interactions that determine the outcome of human viral infections.

Along the way, he trained over 150 young scientists, several of whom are distinguished virologists and immunologists serving as heads of research institutes and Infectious Disease departments currently battling the COVID-19 pandemic in Italy, China and the United States.

Dr. Chisari's research laboratory defined the cellular and molecular characteristics of the immune response to the hepatitis B and hepatitis C viruses in infected patients and in a variety of animal models. In the course of those studies, he discovered the immunological basis for viral clearance, inflammation, cirrhosis and liver cancer during these infections. He pioneered the concept that, in addition to killing infected cells, the immune system secretes antiviral cytokines that can purge viruses from infected cells without killing them, forging a fundamental change in our understanding of the host-virus relationship. In the course of these studies, he published over 300 scientific articles in peer-reviewed journals, numerous textbook chapters, and several national and international patents.

In recognition of his scientific contributions Dr. Chisari has received many honors, awards, and election to membership in several distinguished learned societies, including the National Academy of Sciences, and the National Academy of Medicine. ■

experience?

I have served on many review and advisory panels during my 50+ years in science. Tony Fauci appointed me to chair the first NIH AIDS Review committee in 1987. I have served on advisory committees for the World Health Organization, ANRS (the French agency

continued on page 7

PUBLIC HEALTH EMERGENCY

Don Mosier, MD, PhD | Rimini Road

We are in the midst of a public health emergency because of the rapid spread of the COVID-19 virus infection and its high mortality in older individuals. Frank Chisari, MD and I presented the current facts about the disease and its spread to the special meeting of the Del Mar City Council on Saturday, March 14th. The city has declared a public health emergency in Del Mar and cancelled all city events until at least April 6th, when the council will hold an online meeting to discuss next steps. I have updated my presentation from March 14th with some new information and yet another guide on how to take personal steps to protect yourself and others from this infection.

The first slide shows how the mortality rate from COVID-9 infection increases with age. Individuals over 70 years of age should limit public contact as much as possible to protect themselves, and they should adopt all the protective measures outlined in slide 4. They are the most vulnerable to this virus.

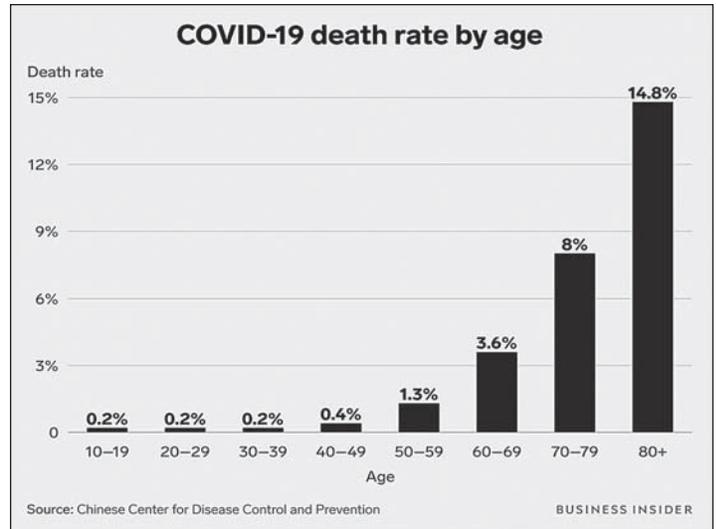
The second slide updates information from the rapidly spreading outbreak in Italy where the medical care system has been overwhelmed by the number of seriously ill →

FROM DON MOSIER page 6

for research on AIDS and hepatitis C), the German Cancer Research Center, several NIH AIDS Research Centers including the one at UC San Diego, the UC AIDS Task Force, the MD Anderson Cancer Center, and major pharmaceutical companies including Pfizer, Burroughs-Wellcome, and Tibotec. I was founder and CEO of a non-profit organization funding pre-clinical studies of agents to prevent AIDS virus transmission until 2017, when larger clinical trials continuing the work were funded by the Wellcome Trust. Our studies on how HIV-1 mutates to change how it infects immune cells were cited by a recent study of how the SARS CoV-2, the viral cause of COVID-19, has increased its ability to bind to its cellular target ACE-2 (angiotensin-converting enzyme-2), a key finding that may explain why it is more infectious than closely-related coronaviruses.

SP Have you recently consulted with Del Mar City Council and other organizations?

Frank Chisari and I testified about the risks of the rapidly spreading COVID-19 epidemic at the Del Mar City Council meeting on Saturday, March 14th. Frank and I are advising Del Mar Community Connections on safe practices as they serve seniors in Del Mar. □



First Slide: Slide presentation to City Council by Don Mosier and Frank Chisari. These slides are part of a PowerPoint document, available for viewing on the Sandpiper website. Please note: The numbers will have changed since the presentation to the City Council.

individuals with COVID-19 pneumonia. Even though Italy has been on near total lockdown for the past 2 weeks, these steps were taken too late in the spread of the epidemic to reduce the number of infected individuals substantially. In just 2 days, there were over 7,000 new confirmed cases and 543 additional deaths.

The third slide shows how fast the infection can spread from one infected individual to the general population in the absence of protective measures, and how social isolation and rigorous application of common-sense measures can slow the spread if adopted early enough. Note that the number of infected individuals is shown in a logarithmic scale to capture the more than doubling of the infection every 4 days. In Del Mar, the time to act is right now.

The fourth slide illustrates how best to protect yourself from acquiring or spreading the infection. It is critically important that you do not go to the emergency room if you develop a cough and fever. Instead, you should call your personal physician for advice and practice self-isolation from both the public and your family. There is currently a shortage of facemasks and the test for COVID-19 infection, so you need to be patient until these shortages are remedied. Stay in frequent contact with your personal physician and alert him/her if your symptoms worsen and you may need hospital care. Health care providers and emergency personnel need to know your status to protect themselves against infection.

This will be a difficult period for all of us. Del Mar Community Connections is working to provide critical services for seniors who need support, but we all need to be ready to help the most vulnerable among us. □



C-19 HISTORY LESSONS

Keep away from camels.

Don Mosier, MD, PhD | Rimini Road

The coronavirus causing the COVID-19 epidemic, SARS CoV-2, was first detected in Wuhan, China on December 12, 2019, although the epidemic was not disclosed to the World Health Organization until December 31st. SARS CoV-2 was named because of its close relationship to SARS CoV-1 (Severe Acute Respiratory Syndrome Coronavirus-1) that caused a more limited epidemic in 2003. That coronavirus infected 8,098 individuals and caused 774 deaths for a mortality rate of almost 10%. That epidemic ended because the virus was much less transmissible than the coronavirus causing COVID-19 (see below for more on this). No effective vaccine or antiviral therapy was developed during the epidemic or in the ensuing years.

Another coronavirus epidemic was recognized in 2012. This was caused by the MERS-CoV (Middle Eastern Respiratory Syndrome Coronavirus) and infected 2,494 individuals, many in Saudi Arabia, and caused 858 deaths, a 34% mortality rate. Camels were the intermediate host for the virus, and camel-to-human transmission exceeded the rate of human-to-human transmission except for healthcare workers treating infected patients. No vaccine against MERS CoV has been developed, but several protease inhibitors originally developed to treat the AIDS virus have shown some clinical benefit in a limited number of MERS-CoV-infected individuals. Like many other viruses, the coronaviruses reproduce by making long precursor proteins that are not functional until they are cut into smaller units by proteases (enzymes that act like scissors). Protease inhibitors prevent this cleavage and let the larger, non-functional proteins accumulate. Protease inhibitors have been used in a few individuals with COVID-19 disease with a possible antiviral effect, but these are anecdotal reports, not carefully controlled clinical trials.

Genetic sequence analysis has revealed that the current SARS CoV-2 epidemic represents the third zoonotic transmission of coronaviruses from bats to humans, with each transmission involving an intermediate host (thought to be civets for SARS CoV-1, camels for MERS, and perhaps chickens for SARS CoV-2). What is so dangerous about the COVID-19 coronavirus is the ease with which it is transmitted between humans. The most likely explanation for increased transmission is the observed changes in the coronavirus spike protein that mediates binding to human cells. The SARS CoV-2 spike protein is predicted to bind to the cell receptor for the virus much better than SARS CoV-1 and MERS based on differences in the critical receptor-binding region of the spike. This change would be →

Stay Home

State and County officials issued orders on March 19 for all Californians to stay at home.

CERT Contacts

Volunteers in the Community Emergency Response Team (CERT) are contacting residents about possible exposure to COVID-19 and to determine their basic needs. All CERT volunteers will wear ID cards.

Business Takeout

The Del Mar Village Association is providing a guide to all restaurants and retailers that remain open and provide deliveries. Link to <http://bit.ly/Sandpiper-5>

Blood Need

The American Red Cross faces a severe blood shortage. To make a safe donation call 800-REDCROSS or go to RedCrossBlood.org.

Library

While the San Diego County Library, including Del Mar's branch, is closed, its eLibrary is open:

<http://bit.ly/Sandpiper-4>. Also check out its Customer Academy for tutorials on using a variety of online resources.

Pole Postponement

The public hearing for the first two undergrounding districts has been postponed. When a new date is set, a mailing will go out to about 1600 residents and property owners within each of the areas and those within 300 feet. □

analogous to having a key that perfectly fits the door lock instead of one that only partially fits and works part of the time after a lot of jiggling.

Entry inhibitors that block receptor binding have been developed for the AIDS virus, but mainline therapy depends on small molecule inhibitors that block proteases and other critical components of virus replication. There are a host of candidate inhibitors to try with the COVID-19 virus, and many laboratories in the US are working as fast as possible to identify the best inhibitor (or combination of inhibitors) and get them into clinical trials. Unfortunately, there will be no shortage of infected patients to enroll in these trials. □

COVID-19

DEL MAR FARMERS MARKET CLOSED

These vendors are available for pickup/delivery.

**Antonio & Guillermo Farms
(Vegetables, Strawberries)**

Antonio: 951-454-6476
(at the RSF Market on Sunday)

**Atkins Nursery (Citrus, Passion
Fruit)**

Jose: 760-728-1610 or 760-207-8837
(at the RSF Market on Sunday)

**Behneman Family Farms
(Greens, Avos, Citrus)**

Norma: 760-685-6332

Carlsbad Strawberry Company

Kevin: 760-603-9608
info@carlsbadstrawberry.com

**Fancy Treat Farm (Macademia
Nuts and Dried Fruit)**

Sunny: 442-207-8687
sunnyupark@gmail.com

Meza Ranch (Eggs)

Jose: 760-315-8956
meza.ranch@gmail.com

Microgreens R Us

Ahmed: 858-610-0333
microgreens5@gmail.com

**Rancho Lindo Mexico (Citrus,
Avos, Guava)**

Louis: 760-749-2484
bexd777@yahoo.com

**Ray Subtropical Farm (Citrus,
Greens, Eggs)**

Ray and Clarissa: 760-213-1436
raysubtropical@gmail.com

**Smit Orchards (Apples, Dried
Fruit, Nuts)**

Reanna: 877-378-4811
info@smitfarms.com

**Valdivia Farms (Tomatoes,
Squash, Radish)**

Martin: 760-801-0018

Hidalgo Flowers

Darryl: 760-216-3338

Vicki's Orchids

Vicki: 760-212-8888
vmonroe8888@yahoo.com

Prepared Food and Fish:

Dry Dock Fish Co.

Jason: 714-879-6067
Inquire about Delivery Options
(at the Poway Market on Saturday)

**Chez Christophe (French Bistro
Cuisine)**

Christophe: 760-504-2325
chefchristophe@yahoo.com

**LeRendez-Vous French Bakery &
Bread**

Neng: 760-414-9109 or 760-212-1830
lerendez-vouslyneng@hotmail.com
www.lerendez-vous-frenhbakery.com

**Baba and Andalucia Foods
(Hummus, Dips, Kefir)**

Sala: 858-717-6321
stirouda@analuciafoods.com

East African Food

Hamza: 619-831-5616
hamzatxali83@gmail.com

Gourmet Tamales and Salsas

Ruben: 760-402-0805 or 760-207-8837
info@gourmettamales@juno.com

Tasty Chai

Amit: 213-807-3783
info@tastychai.com

The Pad Thai Stand

Nat: 760-547-4482
padthaistand@gmail.com

Wipeout Coffee

Juan: 760-709-2986
info@wipeoutcoffee.com

Valle Products (Honey)

Elisabeth: 858-829-6899

Yoshi's Jam

Yoshi: 760-855-6304

Other Products:

Caruso Soap

Kammie: 619-527-4155
carusosoap@gmail.com

**Mama Mermaids Magic (CBD
products)**

Ariana: 858-254-9786
mamamermaidsmagic@gmail.com

**Peace & OM (Yoga-friendly
Clothing)**

Kelly: 760-815-3933
www.peaceandom.com (Free
Shipping)

We are here to help with pick-up and delivery: Fabian Huertas, Market Manager: 760-453-9837

GENDER BIAS

Why are males more susceptible?

Don Mosier, MD, PhD | Rimini Road

In San Diego County, twice as many males as females are infected with the coronavirus that causes COVID-19. What is going on? Are males poorer at social distancing? Are they more likely to gather in large groups? Are they just not as smart?

These could be possible explanations, but the fact is that males have poorer immune responses than females and are more susceptible to many other infections. The biological explanation for this observation in humans and other species is that females are far more critical for reproduction success than males. The downside of the more robust immune response in women is that they are more susceptible to autoimmune diseases like lupus.

Better immunity in women does not exclude the other possible explanations; it just adds one more plausible factor. ■

**DEL MAR
COMMUNITY CALENDAR
APRIL 2019**

The DM Farmers Market is temporarily closed. No meetings or events are scheduled for the month of April due to COVID-19.

STAND UP TO THE SNIFFLES!



Take the yellow pills if the pink ones make you feel bad. The pink pills are to be taken if you get a bad reaction from the red ones. The red ones are for your cold. Cartoon and caption John Dempsey.

The Hotel Next Door

Anne Farrell | Via Alta

Cities and towns across the country (especially desirable coastal towns like Del Mar) have seen increasing numbers of houses and apartments purchased by people who don't intend to live in them or rent to long-term tenants. Instead, they buy them and then rent them to tourists for a few days, a week, or a few weeks. They charge a stiff daily rate and it is a lucrative business.

Del Mar is a small city with a beautiful beach, a charming business district, excellent restaurants, and gorgeous views. As such, we are a prime target for the powerful Short-Term Rental Business (STRB) industry to expand into our residential neighborhoods. This would fundamentally change the characteristics that attracted so many of us to Del Mar in the first place.

Short-term tenants don't work here, or vote here, or send their kids to school here. They have no stake in our neighborhoods. They are essentially hotel guests, and the STRB proliferation is a major long-term threat to the residential character of Del Mar. Just imagine how you would react to having a constant turnover of party-loving vacationers staying in the house next door.

As a rule, those who promote Short Term Rentals are not your neighbors looking to keep their home occupied and realize some occasional income while they go on vacation. In fact, STRB proponents are far more likely to be well-financed businesses intent upon monetizing the benefits of "Del Mar living" that our citizens have worked so hard to create and defend over decades.

Make no mistake about it. The STRB industry continues to relentlessly push its agenda to eliminate restrictions on short-term rentals, so that it can create a community of profitable mini-hotels catering to transient vacation renters. These renters often disrupt Del Mar's neighborhoods and, as they proliferate, STRBs could ultimately displace full-time residents. It is not just short-term rentals at the beach—these STRBs are in every district of Del Mar. Our town has always been very welcoming to tourists and all visitors, and we invite them to make use of our plentiful supply of hotel rooms at all price points, or to take advantage of rentals where short-term stays are appropriately zoned.

But STRBs in residential-zoned neighborhoods are all together different, and they have many negative impacts. Perhaps the most important impact is the fact that you may no longer know who's living around you—someone you could call in an emergency, someone with shared neighborhood interests. Moreover, the STRBs hollow out the vibrant, active, resident-driven Del Mar constituency that has created our unique community; exacerbate the

continued on page 11

BACKYARD HARVESTING

Valerie Dufort-Roy | Klish Way

It has been the strangest spring of my life, hence, I thought to embrace April with a positively sustainable practice... gardening! I must confide that the green thumb didn't make it into my genetic profile. I am guilty of a humongous graveyard of cacti, violets and orchids caused by my chronic inability to remember when and if I watered my plants. Thankfully, my husband and daughter are gardening enthusiasts, and my moral support seems to work well enough for us to enjoy a myriad of herbs and produce.

To understand the carbon footprint of store-bought produce versus backyard-grown produce, we can contrast against the journey produce takes from planted seeds in the garden to your dinner plate.

Gardening uses one's own body energy to prepare the dirt, plant the seeds, water, remove weeds and harvest the produce. Harvesting is simply pluck, rinse, and eat; no machinery involved. Even the seeds can be re-used from season to season. Agribusinesses use fossil-fueled machines to accomplish the same tasks, along with chemicals to control weeds and bugs. At home, bugs can be controlled with coffee grounds, spraying a mixture of water and dish soap or diluted neem oil. Companion planting, which involves pairing vegetables and flowers to support or inhibit the growth of other plants or deter pests, is an effective way to avoid adding chemicals to a garden.

Once the produce is harvested, agribusinesses wash and package it, often in plastic films. Most plastic films end up in the landfill, where it takes 200 to 1,000 years to

continued on page 13

FROM THE HOTEL NEXT DOOR *page 10*

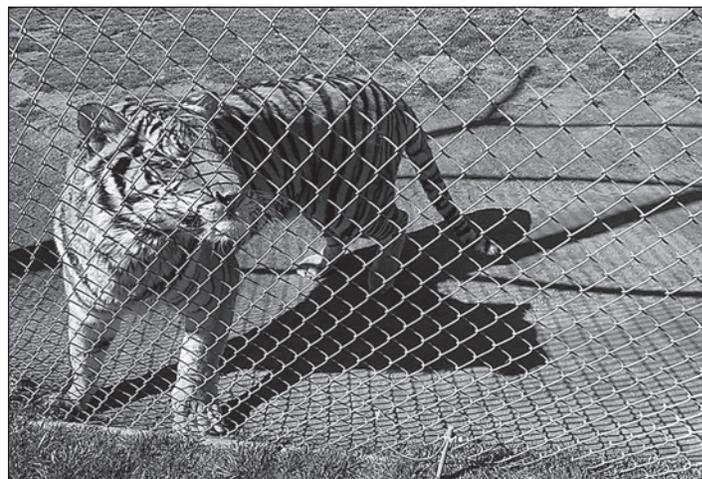
problem of providing affordable housing, as homes and apartments are converted to mini-hotels rather than long-term rentals; and incur civic costs to enforce regulations and deal with disruptive vacationers who could care less about the long-term residential character of Del Mar.

We are not alone in our fight. Cities large and small across the nation (and the world) are grappling with how to deal with exploding numbers of STRBs in their midst. Left unchecked, it is only a matter of time before STRBs could permanently change the residential nature of Del Mar, as so eloquently described in our Community Plan.

We must fight back. We believe in NEIGHBORHOODS FIRST. Talk with your friends and neighbors about this issue and support the City of Del Mar's efforts to protect the very things that make our town such a wonderful place to live, raise our families, and participate in a robust civic life.

WILD ONES

Julie Maxey-Allison | 10th Street



Maverick. Photo Brad Allison.

I fed Maverick, a quite handsome Bengal tiger at Lions, Tigers and Bears, a rescue sanctuary on 93 acres outside of Alpine at the edge of the Cleveland National Forest. There are other choices: over 60 resident animals have been sprung from various facilities across the country where they had been neglected and/or abused.

I joined a group, the "Feed with a Keeper" option, guided by a volunteer. Our "keeper" toured us around to, yup, bears, tigers and lions, the stars, as well as a sly leopard, a bobcat or two and other smaller animals. The animals we saw on the tour were in place behind double barriers, chain link fences and bars, some in spaces with condo-like housing retreats where they could spend the night, others in larger high fenced fields. Our keeper prepped a long handled fork with peanut and jelly sandwiches for the bears and chunks of raw meat for the big cats. At my turn to feed the tiger I was allowed in front of the bars but still behind the fence. I slipped my meat filled fork through the fence to a waiting Maverick, a rescue tiger, mellow and happy in his ample territory that includes a swim pond.

Founder/Director/Vice President Bobbi Brink has been working with and advocating for captive big cats, bears and other exotic animals since the early '90s. She and her husband Mark established Lions, Tigers and Bears after learning about and witnessing the abuses and neglect endured by animals caught up in the exotic animal trade. The exotic pet trade is a multi-billion dollar industry, right up there with illegal drug, weapon and sex trafficking according to the Humane Society of the United States. Breeders and dealers sell animals on the black market via the Internet or through trade magazines. The very young

continued on page 13

CREST CANYON CLOSED

What's going on?

Jeff Barnouw | Amphitheatre Drive



Restoration work on the Crest Canyon cave-in, showing the access road leading from the Lagoon, with Oribia Road on the right. Drone photo courtesy City of San Diego.

The trails of Crest Canyon are closed to the public, and not only because of COVID-19. There is constant activity in the Canyon every day of the week from 7 am to 5 pm, which also necessitates closure. Work began December 24, 2019 on the City of San Diego's Crest Canyon Emergency Storm Drain Project. A year ago the Sandpiper (see March 2019 "Sinking in the Rain") reported on the dramatic collapse of the surface area over a hollowed out landfill restoration from 1983, salty soil that had been dredged up from the adjacent lagoon area. Two seasons of heavy rain and run-off from Del Mar Heights construction in 1979 and 1980 had scoured the Canyon and left a hole at least 35-feet in diameter and 20 feet deep, and it was this hole, emptied of its fill over the years through the broken drainage, that reappeared in the wake of last year's Valentines Day downpour.

With the recent rains there has been increasing deterioration of the old corrugated metal pipe storm drain and further erosion that continues to cause sediment discharge into the San Dieguito Lagoon. The contractor, Burtech Pipeline, started by developing a temporary access road along the existing trail and laying bare the failed storm drain pipe. The access road reaches to the head of the drainage area a long way up the canyon from the cave-in, perhaps 100 yards south of the stairway at Durango and Lozana on the east side and the Crest Road water tower on the west. The entire length of existing pipe had to be examined for

structural integrity. More cave-ins might have been waiting to happen. A temporary drainage system was created to deal with current rain and decrease the rate of soil erosion.

Approximately 1,100 feet of corrugated metal pipe was installed to address the immediate emergency. Crews are now focusing on installing approximately 4000 linear feet of reinforced concrete pipe (RCP) as a permanent replacement. Alec Phillipp of the City of San Diego Information Office, who responded quickly to our request for an update, writes, "the RCP has been ordered and we expect it to arrive by late April. Crews will start installing it once it arrives." Vegetation and trail reestablishment will be begun once the RCP installation is complete, possibly in January 2021. To receive updates on the Storm Drain Project e-mail engineering@sandiego.gov or call 619 533-4207.

Creation of the temporary access road resulted in collateral damage to another project, one of habitat enhancement, which had just been launched in the Canyon. In January Jim Smith and Karen Searcy working

with the Canyonlands subgroup Friends of Crest Canyon, led by Sami Collins (readers know of the Friends and Jim and Sami from "Clean Crest Crew" Sandpiper February 2018), with Jonathan Appelbaum of the San Dieguito River Valley Conservancy, and supported by City of San Diego Park and Recreation with Ed Christensen, had managed the planting of an area about 6000 square feet, between the eastern stairway and the water tower, involving some 50 volunteers, many of them Girl Scouts, putting 200 plants in the earth, mainly coastal sage scrub native species including California sagebrush, California buckwheat,

continued on page 13



Some of the 50 volunteers get ready to plant, January 2020. Photo Jim Smith.

OCEAN RESCUE

Interview with Chief Lifeguard

Julie Maxey-Allison | 10th Street

Friday, February 28 started out early for Jon Edelbrock, Community Services Director and Chief Lifeguard, on his day “off.” It began with a 4:30 AM wake up call generated by residents dialing 911 in response to shouts for help they heard coming from the ocean. He and Deputy Chief Lifeguard Mark Rathsam were alerted that people in distress and a boat were on the Del Mar beach. This alarm has happened many times in the past but turned out to be an abandoned empty vessel left floating with the smuggled migrants long gone ashore.

This morning it was people left floating, victims of a “dump and run.” The boat runner, evidently “spooked,” tossed his passengers overboard, albeit with life jackets. “Mark and I came in, put on our wetsuits and got lights—“we only had 20% illumination from the moon.” Trained for such rescues, “We launched our boats and gridded out the area in the water. We had to deal with water temperature, wind direction and locating those in the ocean in the dark. We managed to help three people out of the water early on.” Jon learned from speaking Spanish to the migrants that 16 people had been in the boat.

The alert activated more than 100 emergency responders who arrived in Del Mar. Jon coordinated the logistics with all who participated in the search and rescue effort: helicopters, boats, and specialized dive teams, quite a list. On hand in addition to the Del Mar Lifeguard and Fire Departments: the Border Patrol Search, Trauma, and Rescue dive team; the San Diego County Sheriff’s Dive Team; the Coast Guard Cutter Sockeye crew; Air and Marine boat crew; a Coast Guard Station Response Boat-Medium crew; a Sector San Diego MH-60 Jayhawk Helicopter crew; the Oceanside Police Department; and California Parks Department and teams from other coastal cities.

After 13 people were rounded up, the search continued for the other three migrants. “We covered all bases. No more were found. Later the Border Patrol reported that they located the boat with three people on board south of the Border so all were finally accounted for.”

Jon reports that the Border Patrol’s count is that 300-400 migrants, attempting to land on the coast from Carlsbad south, have been picked up. The Mexican cartels, in control of smuggling desperate migrants, charge each passenger an estimated \$10,000-13,000 for the trip. “The Border Patrol took the 13 who landed at Del Mar to local hospitals and then on to be processed and sent home.” □

FROM BACKYARD HARVESTING *page 11*

decompose. This packaged produce is transported by fossil fueled boat, train or truck, to a lit and climate-controlled grocery store, where customers carry it home in their fossil-fueled vehicles. Furthermore, the energy footprint worsens when purchasing unseasonal items grown in heated greenhouses.

Consequently, the best eco-friendly bet for customers is to stick with locally grown produce, in season. One can sign up at delmarfarmersmarket.org or follow them on [@delmar_farmersmarket](https://twitter.com/delmar_farmersmarket) for the latest news and delivery options. One can subscribe to a Community-Supported Agriculture box such as Be Wise Ranch, Yasukochi or Sage Mountain Farm. Of course, we can all explore how much of the food on our table can be supplemented by the harvest from our Del Mar backyards! □

FROM WILD ONES *page 11*

cubs, perfect for photo ops at various entertainments or as a unique cute pet, grow up. These big animals are tough to care for and most are illegal to own. They are sold off to circuses or roadside zoos or linger in cramped dingy cages.

The organization offers a home to resident rescued animals who live with a support staff and a dedicated army of volunteers and also provides safe transport for big cats, bears, and other four-legged animals to reputable sanctuaries across the United States.

In time, after our invading virus has subsided, you too can visit as a “Member for a Day” or upgrade to various choices such as “Exclusive Behind the Scenes Experience” to feed all of the animals you meet, or have a sleepover or a wedding. Lionstigersandbears.org. □

FROM CREST CANYON CLOSED *page 12*

broom baccharia, saltbush, black sage, lemonade berry, and in much smaller numbers toyon, chaparral yucca, and Torrey pine. These will grow in the heavily saline soil. Jim Smith reported, “the biggest effort was hauling 10 cubic yards of Torrey Pine wood chips 500 feet and down many flights of stairs. At one point 30 hale volunteers with 5 gallon buckets formed an ant line of chips.”

On the last day of February. with bird nesting season due to begin the following day, the temporary access road was extended through the newly planted area, following the course of the drainage system. An emergency crew of volunteers from Friends of Crest Canyon was able to dig up and save 60 plants while 40 were plowed under. The remaining 100 were not in the path of destruction, including two Torrey pines. □

COMMENTARY: Del Mar Heights School Current Plan

Frank Stonebanks and Lena Liu | La Amatista



“We have several condemned portable classrooms that are unsafe for children. We have major plumbing issues. We have mold, rust, rodents, ants, rats, etc. Most importantly, our school is not up to code and in the event of an emergency, emergency personnel may not be able to get help to those in need.”
 Source <https://rebuildheightsnow.com/>

Over the last few months, you have been bombarded with messages from groups with lovely names like “Save the Fields” and “Play Outside Del Mar” with very altruistic sounding messages.

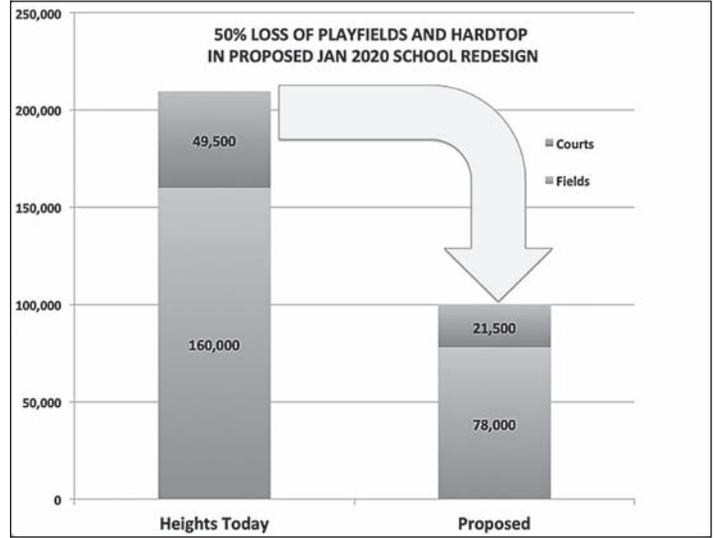
This small group of people is an extreme, vocal minority in the community trying to convince you through signs, loud voices, constant letters to the editor and on-line petitions, often signed by people that don’t live here (or even in the United States) or don’t even have kids at Del Mar Heights, that they have broader support than they really do. They are NOT representative of the overwhelming majority of tax paying residents, parents, teachers and others who truly want the best for our children, those who voted YES on Measure MM and want to see Del Mar Heights school rebuilt now.

The Del Mar Heights community supports the current Plan and rebuild of Del Mar Heights School, as planned by the school district to begin in June 2020, and supported by

continued on page 16

COMMENTARY: Del Mar Heights School Alternate Plan

John Gartman | Pine Needles



“Calif. Dept. of Education minimum requirements for grades 4-6 alone are 142,560 sq ft for field and 32,000 sq ft for courts. These requirements are self-policing by school districts who build with local bond money.”
 Source <https://playoutsidedelmar.org/>

Over the last five months, many of you have watched or participated in the public interplay over the new Heights school design. There’s been outcry over the 50% field shrinkage. Big mistakes on field and green space measurements have been exposed, yet school district overstatement continues. Public questions about the blacktop silently shrinking 56% have gone unanswered. The new school will leave children with insufficient play areas, prioritizing expansion of the buildings by 28% for no projected growth in student population. DMUSD (Del Mar Union School District) board meetings have overflowed into the hallways with critics waiting to speak, and local concerns have poured out in published letters, news stories, and on hundreds of community yard signs. Play Outside Del Mar’s email updates have been opened 20,000 times, by people hopeful that our community can save the field of dreams for the kids of today and tomorrow.

In January, with frustration peaking over district intransigence, a citizen spent several hundred hours crafting an alternative plan that would have saved 85% of the fields and 67% of the blacktop. It did so without any change to the new educational facilities being proposed by the district and without reduction of the expanded parking and traffic queue - by clever use of underutilized site acreage. Community members hired a top fire consultant to confirm improved building placement, emergency vehicle

continued on page 16

JAVA JOY

Interview with Drew Jeglinski

Sheila Sharpe | 15th Street

Drew Jeglinski is the new owner of Little Joy, the charming coffee cart next to Zel's at 1247 Camino Del Mar. He took over the cart from Zumbar on June 1, 2019, after having apprenticed there for two and a half years. This is not just a job to Drew. It's a passion and has been his life's dream to have a coffee cart—probably an unusual dream for a man educated at Harvard in both undergraduate and graduate school and with a background of secure, conventional employment as a college history teacher, a manager of ESL courses, and a director of The Adult Special Needs Program at Xcite Steps in Del Mar. Then it was time to give up security and take the bold leap to realize his dream. To learn this challenging business and become a highly skilled barista meant starting at the



Photo of himself at Little Joy courtesy Drew Jeglinski.

bottom, as a dishwasher.

Drew's goals are to provide superb coffee and a warm, friendly place that fosters community gatherings and connections. His Little Joy has received many rave reviews: "Best coffee in Del Mar, hands down...way better than Starbucks" He's also a friendly, outgoing personality much liked by his many regular customers: "Drew is awesome." →

IN BRIEF

KEY PRIMARY RESULTS

(with 5000 county-wide votes still to be counted as of 3/25/20)

Measure G, the Marisol Specific Plan Initiative, failed decisively with 1,395 No votes (59.19%), and 962 Yes votes (40.81%).

County Supervisor, District 3: Incumbent Kristin Gaspar appears to be heading for trouble in the November election, winning 42.89% of the open primary vote, while the two Democrats in the race won a combined 57.11%, with Sandpiper-endorsed Terra Lawson-Remer garnering 31.21% for a place on the November ballot to challenge Gaspar. Lawson-Remer and Olga Diaz, the other Democrat on the open primary ballot, each pledged before Election Day to endorse whichever one of them won the most votes.

49th Congressional District: Incumbent Mike Levin (D) performed strongly, winning 59.89% of the San Diego County portion of the vote, which offset the edge Orange County voters gave to Republican Brian Maryott. Across the entire district, Levin won 56.4% of the vote. That 12.87% margin over Maryott will likely bump this race farther down on the National Republican Congressional Committee's list of November targets. ■

He describes why his coffee is better than what is possible to get in bigger operations. His Zumbar beans are fresher and healthier, no additives. He takes care with each cup. His latte is a work of art, literally. In the last 5 seconds of pouring the latte, he makes a lovely flower design on top out of the foam. He's partial to the Hummingbird blend, which he calls "liquid gold," a mix of beans from Ethiopia, Latin America, and Sumatra with chocolate notes. My mouth is watering. In addition to his hand-crafted espresso drinks, he serves teas, local kombucha, cold brew in a beautiful setting, under the famous coral tree and right next to Zel's where you can get a meal.

Now that you may be fired up to rush to Little Joy, unfortunately Drew has had to temporarily close the cart to ensure customers' safety from the coronavirus. He is currently working on ways to continue service, including curbside pickup and delivery of beans and drinks within the village. In the meantime, he's offering a sale of freshly roasted Zumbar Coffee beans, cool T-shirts, hats, tote bags, and gift cards. Otherwise he teaches online and spends more time with his partner and friends, playing music (guitar and drums), and surfing.

All of the above inspires me to get out of my unexciting morning coffee rut and dash over to Little Joy when it reopens.

Website: littlejoydelmar.com

Phone: (858) 221-7479 to order beans and merchandise. ■

FROM COMMENTARY CURRENT PLAN *page 14*

the ~12, 000 voters who voted YES on Measure MM on November 6, 2018 (61% of the community). The “we” here includes ALL teachers and staff at Del Mar Heights, ALL PTA Presidents representing the other 7 schools in the DMUSD, along with the overwhelming majority of people in the District.

Our two daughters actually attend Del Mar Heights. Children at Del Mar Heights currently attend classes on a campus that has been partially condemned due to rodent infestation and dangerous mold. This impacted several classrooms last year disrupting the teaching process. Students occupy classrooms that require buckets to catch rainwater and building materials to be replaced due to mold every time it rains.

More green space (on top of the 92, 000 square feet already in the Plan) is not the problem nor the priority. To give some context, 92,000 square feet is about the size of two NFL football fields. The current Plan includes two little league diamonds.

A local law firm has been retained by someone, the same law firm that was used to delay the Cardiff school district reconstruction, and has begun issuing FOIA (Freedom of Information Act) requests to the DMUSD, diverting valuable time and resources away from getting our new school project moving. The result in Cardiff was a \$500,000 payment used out of district funds to pay for the cost of the settlement, legal fees, and construction delays.

A delay at this stage would cost millions and set the timeline back at least a year; this after almost 2 years of consulting with the community and getting feedback. It's time to build.

We care about this community and only want what's best for our kids that attend this school. Let's come together and make it clear that we will not accept our hard-earned tax dollars being used to pay attorneys rather than build a school. ■

FROM COMMENTARY ALTERNATE PLAN *page 14*

flow, and safer evacuation from wildfires.

There was hope for optimism when the district's hired architect told us “it's not done until it's won,” and our elected trustees asked that the alternative plan be given serious consideration. The public then patiently waited for the district's answer to be revealed at the February board meeting. Little did we know. We were just being played. The district had already finished its construction documents and had even met with the Division of the State Architect (DSA) to start review before the February board meeting. The DSA gives final approval to all California public school plans. We obtained the plans – 319 pages dated February 11, 13, and 28 – by public records request to the DSA. This happened under our noses while district leadership strung us along. →

SAVING SAND

Julie Maxey-Allison | 10th Street

Our Del Mar beach's future Plan, worked on by many committees in various forms in the past, is still in preliminary stages of implementation (see Mayor Haviland's note below). With our troubled time, sand management plans that have already gone many rounds of debates and refinements now may linger longer in limbo.

Local sand can be available to replace losses through tidal gravity, dredging, offshore piping to or by bringing it in by truckloads. But, any solution faces a veritable obstacle course, a maze of agency approvals. The Coastal Development Permit review and approval for beach adaptation measures may be processed by the City of Del Mar through the Local Coastal Program (LCP) and/or by the California Coastal Commission, pursuant to the California Coastal Act. Additional approvals may be required from the US or California Fish and Wildlife Service, the US Army Corps of Engineers, the California State Lands Commission, the US Coast Guard, the California Department of Boating and Waterways, and California Regional Water Quality Control Boards.

A report from Mayor Ellie Haviland:

“On Nov 18, 2019 we approved direction to staff to apply to the California Department of Boating and Waterways requesting approval of a public beach restoration grant in the amount of \$150,000. The grant request is pending.

Earlier last June 17, 2019, we approved a Consultant Agreement with Moffatt & Nichol for the City of Del Mar's Shoreline Management Program. They are working on SCoup.

All our efforts to address sand management are time consuming, but the city is actively looking for funding and making plans for sand management.” ■

It's galling that DMUSD staff told the public in January the next steps would be released of environmental documents for public review and comment on the impact on public resources such as community recreational space, wildfire risk, and traffic impact in the surrounding neighborhoods. The California environmental law (CEQA) instructs public agencies to avoid “taking actions” or “giving impetus” to a project in a manner that would “limit the choice of alternatives . . . before completion of CEQA compliance.” With a plan already formulated to the nails and studs and discussions with DSA underway, the district has turned a blind eye to California's signature public protection law.

On April 14, the board of trustees will vote on the site plan and environmental review. It's a legally required public vote. But don't kid yourself into thinking there's doubt as to the outcome. Citizens deserve better for a \$55M publicly funded project. ■

IMAGINE THE POSSIBILITIES

Ann Gardner | Via Latina

Please go to DelMarHousingElement.MetroQuest.com and take the survey asking for your response to specific suggestions on how the City might add more housing in Del Mar. The deadline is April 20. Your online input becomes critical as the bi-weekly public meetings of the Housing Element Ad-Hoc Citizens' Task Force and scheduled community workshops are temporarily cancelled due to COVID-19 and their work has gone online. If you have already completed the Survey, thanks, and do continue reading. You can also submit your ideas, questions to either a community Task Force member (see list on page 18) or Shaun McMahon at smcmahon@delmar.ca.us.



"These cottages were built as housing for Stratford Inn/Hotel Del Mar employees. Our earliest aerial photo from 1930 shows them, but my best guess is closer to 1920." Larry Brooks, Historical Society. Photo Ann Gardner.

As we go to press the City's October 30, 2020 deadline to update its State-mandated Housing Element for April, 2021 to April 2029 (Sixth Cycle) has not been extended. The updated Element must include policies, programs and actions that incentivize new housing units, including more affordable units, and will become part of our Community Plan. The Task Force, comprised of eight residents representing different parts of our community, will review and provide input for the City's updated Housing Element and depend on your participation and input to help them do this. Please sign up →

REMEMBERING DON

Donald Terwilliger

December 9, 1930—March 4, 2020

Don was a true Del Mar native. He was born here, attended school in the old City Hall building, and retired here after working more than 30 years in the entertainment business as a dancer in Las Vegas, Los Angeles, San Francisco and a US tour of the musical "The Music Man." Following his dancing career, he worked for many years in Hollywood movies and TV sit-coms. His



*Don Terwilliger 1959.
Courtesy Del Mar Historical Society.*

parents, who Don frequently visited, were always residents of Del Mar so this town never stopped being "home."

Don was an avid horse lover. He was at our track on opening day in 1937 and held the record of never missing a meet, even if it was for only a couple of days fitted into his work schedule. He was a familiar figure around town, and with an extraordinary long-term memory a valuable source of first-hand information on Del Mar in the '30s and '40s. He passed away peacefully and will be missed by many friends. He is survived by 48-year partner, Brian Capon, and cousin Carole French of Carlsbad.

for the "Sixth Cycle Housing Element Update" on the City's website, (bit.ly/Sandpiper-7), You will also find a link to watch the Task Force's first public workshop on February 29 when members introduced themselves to the community and were updated along with the audience by Housing Element consultants Kimley-Horn. Experienced in the community-based Housing Element process that includes a variety of public participation activities, Kimley-Horn was hired by the City last year to assist with Del Mar's update. The workshop allowed participants to circulate with staff and the consultants to explore:

-What Creative Ways can Del Mar provide housing in

continued on page 18

6th Cycle Housing Element Ad-Hoc Citizens' Task Force
Task Force Members Welcome Contact.

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Citizens' Task Force and Roster. Courtesy City of Del Mar

FROM IMAGINE THE POSSIBILITIES *page 17*

existing commercial and residential areas? Currently the City is preparing responses to a Draft EIR for the proposed zoning change that would allow residential units in the North Commercial and Professional Commercial zones where only one is currently allowed.

-What types of community assistance programs can the city provide to facilitate housing?

-How should the City incorporate public lands into the Housing Element strategy? Housing on the Fairgrounds is one of the programs included in our current Housing Element.

Another significant option for developing more housing in a land-scarce city such as Del Mar, is the accessory dwelling unit (ADU) or, to put another way, second small /tiny homes on existing lots with a primary dwelling. As of January 1, 2020 State law now requires municipalities to allow these units with administrative review only, and they will count toward our allocation of planning for 163 new units by 2029. The city has already received 11 ADU applications this year. On March 6 the Planning Commission approved a zoning change to allow ADU's of up to 800 feet and Jr. ADU's (500 feet) with a maximum height limitation of 16 feet. Construction of an ADU does not count toward the lot's Floor Area Ratio FAR. For more information, watch the staff's 3/10/2020 presentation and discussion with the Planning Commission - the only item on the agenda, and very informative: bit.ly/Sandpiper-02.

And for your viewing pleasure: many of the Task Force members attended the Tiny House Festival at the →



Redevelopment of empty office spaces on upper floor at 1201 Camino del Mar would provide a modern "bungalow court," sheltered from the main street but close to community amenities e.g. library, bus line and work. The building also houses the Beside Balcony Restaurant and is for sale.

Idea and photo submitted by Ann Gardner at Feb. 29 Housing Workshop

Fairgrounds in early March. Task Force member Shirley King recommends the link bit.ly/TinyHouseZoning to get a sense of what the Festival offered and to see how Ojai and Fresno have incorporated the Accessory Dwelling Unit/ Tiny House concept as a way to provide more affordable housing. Shirley also noted the concept of bungalow courts is returning and cited our own bungalow court on Coast Blvd., on the west side just before 13th street as an example. ■

RATTLESNAKE WARNING!!!

Do they understand Social Distancing?

In San Diego County rattlesnake season typically runs from April through September. However, when the temperatures are warm, the snakes can still come out to sunbathe.

Please exercise caution when walking near brush and chaparral areas.... It's also common for rattlesnakes to nestle in the shrubbery that line pathways and sidewalks.

Immediately contact Security- dial 77 from any SR phone or (4-2000) to report any snake sighting near one of our buildings.

DO NOT attempt to capture or contain the snake in any way. *Source Scripps Research*



Curbside pickup at Dexter's (doggy) Deli.
Photo Julie Maxey-Allison.



Almost no traffic in downtown Del Mar.
Photo Julie Maxey-Allison.



Del Mar Liquor & Deli open for takeout.
Photo Julie Maxey-Allison.



CONTAGION TEAM

Reunites to Create Coronavirus Public Service Announcements (PSAs).

Dr. Ian Lipkin, who heads the Center for Infection and Immunity at Columbia University School of Public Health sent a link to this very timely announcement:

bit.ly/ControlTheContagion

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DEL MAR'S COMMUNITY JOURNAL

Box 2177, Del Mar, CA 92014

DATED MATERIAL

COVID-19

COVID CACOPHONY CALL

Linda Chisari | Crest Road

We did it. Sort of! On Tuesday afternoon, frustrated by our inability to meet for our monthly Sing-a-Long, 16 of us, under the direction of Ashley Simpkins and the meeting app "Zoom," decided that, perhaps, "Singing Together" could transition into "Singing Apart."

Did it work? I think that depends on how one measures success. For reasons that most of us did not understand, there was a 2-3 second delay between what I played on my piano and the singing voices coming from various homes and devices around Del Mar. Was it "music" that we made? No, not really. We could barely sing in unison, certainly not in harmony. "Cacophony" might be the best word to

describe our efforts at singing selections from Rodgers and Hammerstein.

But did we have fun? Emphatically, YES! The emails that flew back and forth afterwards confirmed this: "Fun and gave me some good laughs too"; "Linda- thank you for such a positive event! Lots of smiles, some frustration, learning new skills and most of all the great diversion of sharing music"; "That was such fun and so good to see all the smiling faces of friends :)"; "I'm so glad you did this and my voice and heart reached out..... good effort!"

Will we go on singing together via Zoom? Yes, indeed. We'll try to get some advice about fixing the technical issues, especially the "delay." Even without a "fix," though, we'll be able to see each other and have the joy of connecting through singing. ■



Ashley Simpkins: We had a GREAT time - the program was the highlight of my week. The photo above is a screen capture from video I made of our Zoom sing-along.